

Safety Spotlight: Distracted Driving

Did You Know?

In 2019, there were more than 38,000 deaths in auto accidents. Each year over 2.5 million of people are involved in automobile accidents for a variety of reasons:

- Cell phone usage 1.6 million
- Distracted drivers 421,000
- Texting 330,000 (1 in 4 accidents)

Preventing Distracted Driving Accidents:

- Turn your cell phone off when you get in your vehicle or use your phone's "Do Not Disturb While Driving" feature
- Don't look at your passengers to have a conversation
- Don't read the newspaper, book or map while driving
- Have your music loaded before you go
- Do your grooming before you drive
- Avoid eating while driving

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